

December 2020

VLSK-VX2-02K

(VLC-VX04 & VLS-DUR03S & VLP-VX01)

- 1. Our high spec valve spring kit (VLSK-VX2-02K) uses specially developed dual rate coils, the spring must be installed with the tighter coils at the seat face as this is the stationary end of the spring.
- 2. If using one of our cylinder head, which runs a reduced diameter valve guide and special stem seal, part number: VLV-SS-VAUX-01K.
- 3. If you are running standard diameter valve guides, which uses orginial GM stem seals, you will have to remove the lip from the top of the stem seal to ensure they fit inside the springs. We do produce a modified set of standard stem seals part number: VLV-SS2-K if required.



OUTER

Valve Lift (mm) if using 1mm platform	Valve Lift (mm) if using 2mm platform	Installed Height (mm)	Lb	Notes
-7	-8	41.4	25.2	Notes
	-8 -7			
-6		40.4	31.8	
-5	-6	39.4	38.4	
-4	-5	38.4	45.2	
-3	-4	37.4	52	
-2	-3	36.4	59.4	
-1	-2	35.4	67	
0	-1	34.4	74.6	1mm Platform (Base Line)
1	0	33.4	82	2mm Platform (Base Line)
2	1	32.4	90.6	
3	2	31.4	99	
4	3	30.4	107.6	
5	4	29.4	116.8	
6	5	28.4	126	
7	6	27.4	135.4	
8	7	26.4	144.6	
9	8	25.4	154.8	
10	9	24.4	165.2	
11	10	23.4	174.8	
12	11	22.4	185.6	
13	12	21.4	197.2	13mm if using 1mm Platform
14	13	20.4	209.6	13mm if using 2mm Platform
15	14	19.4	224.8	
15.5	14.5	18.9	Coil Bound!	

Please be aware that Technical Support involving our Technicians is chargeable

SBD Motorsport Ltd Unit 15, Red Lion Business Park, Red Lion Road, Surbiton, Surrey. KT6 7QD Tel: 020 8391 0121

Website: www.sbdmotorsport.co.uk



SBDMotorsport

